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THE MARYLEBONE

DOYLE COLLECTION • LONDON



**Weekend Yoga with lululemon & Kirsty Gallagher at The Marylebone**



The Marylebone is delighted to announce their partnership with lululemon and devoted yogini Kirsty Gallagher, for a series of exclusive events including a morning of inspiring yoga, followed by a delicious organic breakfast.

Experts yogis and newcomers alike are invited to attend the Saturday morning master classes, running from April – July 2017, where London based, internationally recognised yoga teacher Kirsty, will guide guests through a rejuvenating yet relaxing yoga sequence - the perfect way to start the weekend. Combining fluid, playful flows with meditation, Kirsty will help participants revitalise and connect with their bodies.

A nutritious, organic breakfast will follow the session, including a delicious *Acai bowl* offering all the crucial antioxidants needed following a workout and the all-time breakfast favourite, *Avocado on toast* with chilli flakes. Other highlights on the post-yoga breakfast menu will be the delicious protein balls and a selection of freshly cut fruits.

Tickets are priced at £35 each and include a one-hour yoga class and the full healthy breakfast. Mats will be provided.

**Breakfast menu**

Avocado on toast, chilli flakes

Acai bowl, granola, berries & beets

Freshly cut fruits

Protein ball

The Juicery juice

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Selection of herbal teas or coffee

Forthcoming dates are 1<sup>st</sup> April, 8th April, 13<sup>th</sup> May, 20<sup>th</sup> May, 10<sup>th</sup> June, 17<sup>th</sup> June, 8<sup>th</sup> July, and 15th July.

Spaces can be booked on EventBrite via the link below:

<https://www.eventbrite.co.uk/o/the-marylebone-rooms-12978900760>

#### **lululemon athletica inc.**

lululemon athletica inc. is a yoga-inspired athletic apparel company with products that create transformational experiences for people to live happy, healthy, fun lives. Setting the bar in technical fabrics and functional designs, lululemon works with yogis and athletes in local communities for continuous research and product feedback. For more information, visit [www.lululemon.com](http://www.lululemon.com)

#### **The Doyle Collection:**

The Doyle Collection is an Irish, family-owned luxury international hotel group that comprises eight hotels in five cities around the world. These design-led properties provide modern havens for modern day travellers, as well as stylish bars and restaurants for local consumers. The Doyle Collection are members of the Global Hotel Alliance GHA, the world's largest alliance of independent hotel brands. For more details please visit [www.doylecollection.com](http://www.doylecollection.com)

Join the conversation with The Doyle Collection on [Twitter](#) and [Facebook](#), and see adventures across The Doyle Collection's home cities by searching #sliceofthecity

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