

THE BLOOMSBURY

LONDON

DAY DELEGATE PACKAGE

REFRESHMENT BREAK MENU

MONDAY

Arrival: Tea, Coffee & Selection of pastries
Morning: Tea, Coffee, FRUIT & NUT FLAPJACKS
FRUIT BASKET
Afternoon: Tea, Coffee & LEMON DRIZZLE CAKE

TUESDAY

Arrival: Tea, Coffee & MINI WAFFLES WITH MAPLE SYRUP
Morning: Tea, Coffee & SELECTION OF BISCUITS AND COOKIES
FRUIT BASKET
Afternoon: Tea, Coffee & RED VELVET CAKE

WEDNESDAY

Arrival: Tea, Coffee & FRUIT MILKSHAKES WITH COOKIES
Morning: Tea, Coffee & BANANA CAKE WITH COCONUT CURD
FRUIT BASKET
Afternoon: Tea, Coffee & DRESSED MINI SCONES WITH SEASONAL JAM

THURSDAY

Arrival: Tea, Coffee, SELECTION OF PASTRIES
Morning: Tea, Coffee & MINI RASPBERRY BAKEWELL TARTS
FRUIT BASKET
Afternoon: Tea, Coffee & CHOCOLATE FUDGE CAKE

FRIDAY

Arrival: Tea, Coffee & GRANOLA & YOGHURT POTS
Morning: Tea, Coffee & FRUIT CAKE WITH LEMON CREAM
FRUIT BASKET
Afternoon: Tea, Coffee & ROCKY ROAD SLICE

BREAK TIME ENHANCEMENTS

Seasonal Fruit Skewers £2.75
Selection of Traditional English Tea Cakes £24.00
Large Fruit Bowl £15.00
Croissants, Pain au Chocolat, Butter & Preserves £3.50
Bacon & Egg Focaccia £5.50
Selection of Sandwiches £12.50
Orange or Apple Juice £15.00 per jug
Mineral Still & Sparkling Water £5.00 per bottle

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THE JUICERY MENU

The Juicery is a new approach to healthy drinking and eating, from the experts' point of view. We have commissioned leaders in nutrition, health, fitness, beauty and integrative medicine to come up with signature recipes that taste as good as they are good for you

Medium Juice £6.50

Large Juice £8.50

1 litre Jug £20.00

SIGNATURE JUICES & BLENDS

LONDON GREENS

Pear, Spinach, Cucumber, Basil, Lime, Coconut Water
Recovery, Potassium, Re - Hydration

GREENWICH

Beetroot, Apple, Pomegranate, Carrot, Mint Leaves
Antioxidant, Cleanse, Longevity

MERCER

Mango, Ginger, Carrot, Apple
Vitality, Energise, Wake - Up

DIGESTION BOOSTER

Kale, Apple, Ginger, Fennel, Cucumber, Lemon
Pre -Workout, Antioxidant, Hydrating

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WORKING BUFFET LUNCH MENU

A maximum of 5 items to be selected at a total cost of £ 20. 00 pp

Extra items at £ 5.00 pp

FINGER SANDWICHES

Smoked Salmon, Crème Fraîche
York Ham, English Mustard
Cream Cheese, Cucumber
Egg, Watercress
Toasted Sesame Bun Club Sandwich
Scottish Roast Beef & Wasabi Wrap
Roast Vegetables & Three Cheese Panini

SMALL PLATES

Seafood Basket
Crudités & Dips
Chinese Spiced Chicken Drumsticks
Devon Crab Springrolls
Mini-Quiche Lorraine
Smoked Salmon Fish Cake
Cherry Tomatoes, Goat's Cheese & Olives Mini-Pizza

MINI SALADS

Watermelon, Feta Cheese, Mint
Vegetarian Ceasar Salad
Wild Mushroom, Red Onion, Roast Pepper, Balsamic Dressing
Mozzarella, Aubergine, Plum Tomatoes, Rocket Pesto Dressing

DESSERTS

Seasonal Fruit Pannacotta
Chocolate Tarts
Mini-Scones, Strawberry Preserve, Clotted Cream
Fruit Basket

Tea & Coffee

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HOT BUFFET LUNCH

MONDAY LUNCH MENU

STARTERS

Spiced Jerk Chicken & Coleslaw Wraps Red Onion & Goat's Cheese
Tarts Green Bean & Sugar Snap Salad, Chilli Dressing Isle Of Wight
Heritage Tomatoes, Mozzarella & Basil Salad Maccheroni Pasta Salad

MAIN

Cajun Baked Salmon, Red Pepper & Caper Salsa
Chicken Korma, Coconut Rice, Naan Bread
Aubergine, Sweet Potato, Goat's Cheese Crumb

DESSERT

Vanilla Crème Brûlée
Selection of Seasonal Fruits
Tea & Coffee

TUESDAY LUNCH MENU

STARTERS

Superfood Salad, Pomegranate Dressing
Focaccia, Bosworth Ash Goat's Cheese, Caramelized Onion, Figs
Sliced Buffalo Mozzarella, Heritage Tomatoes, Artichokes Smoked
Chicken & Cherry Tomato Salad, Lemon Dressing Green Beans, Sun
Blushed Tomatoes & Feta Salad

MAIN

Spiced Lamb Curry, Cumin Rice, Raita
Cajun Blackened Cod, Creamed Corn
Pea Mint Frittata

DESSERT

Fruit Crumble
Selection of Seasonal Fruits
Tea & Coffee

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HOT BUFFET LUNCH

WEDNESDAY LUNCH MENU

STARTERS

Shrimp Cocktail, Baby Gem, Focaccia
Spiced Falafels, Turmeric Yoghurt, Pickled Radishes
Baby Gem, Artichokes, Pancetta, Clarence Court Egg
New Potato Salad, Gherkins, Parsley Crème Fraîche Dressing
Chicory, Stilton, Pear, Walnuts, Honey Mustard Dressing

MAIN

Grilled Chicken, Tomato Sauce, Mozzarella, Herb Crust Pan Roasted
Snapper, Kale, Heritage Carrots, Orange Vinaigrette Crispy Tofu, Spiced
Split Lentils, Toasted Coconut

DESSERT

Afternoon Tea Sweets
Selection of Seasonal Fruits
Tea & Coffee

THURSDAY LUNCH MENU

STARTERS

Goat's Cheese, Heritage Tomatoes, Figs, Balsamic Dressing Grilled
Chicken Salad, Avocado Salsa, Lemon Dressing Spiced Prawn & Egg
Noodles Salad

MAIN

Lemon & Herb Grilled Chicken
Stilton Gnocchi, Wild Mushrooms & Walnut Pesto
Pan Fried Sea Bass, Bok Choi, Bean Sprouts

DESSERT

Pecan Tarts
Selection of Seasonal Fruits
Tea & Coffee

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HOT BUFFET LUNCH

FRIDAY LUNCH MENU

STARTERS

Dorset Crab On Guinness Bread
Treaty Farm Bresaola, Rocket, Shaved Parmesan, Focaccia Croutons
Chargrilled Cauliflower, Freekeh, Pomegranate
Smoked Duck, Mango, Coriander
Classic Greek Salad

MAIN

Beer Battered Fish & Chips, Crushed Peas, Tartar Sauce Truffle Pork
Sausage Rolls, Tomato Mustard Relish Wild Mushroom Spelt Risotto,
Shaved Berkswell Cheese

DESSERT

Brownie & Valrhona Chocolate Mousse
Selection of Seasonal Fruits
Tea & Coffee
