

K I N S



KINS

ABOUT US

KINS was founded by Dr Louise Smyth, a GP for 7 years with a special interest in skin health before moving into aesthetic medicine. Louise takes a holistic approach to skin and believes healthy skin is achievable for all who are willing to commit to a dedicated plan. At KINS we prioritise results, every service from the advanced facial menu to our medical aesthetic procedures have been chosen to give clients visibly healthier, stronger skin.

KINS is a doctor-led treatment suite where the most up to date regenerative techniques work alongside the number one medical skincare brand ZO.

[Kins.ie](https://kins.ie) | info@kins.ie



OUR APPROACH

At KINS, we have a unique approach to guide you on the best treatment options and protocols that work for your skin and your lifestyle. We analyse your skin in layers, we educate you on your skin type and how it will age and we will put a long term plan in place that will give you consistent results.



ADVANCED FACIALS

BESPOKE ZO FACIAL

A medical grade facial tailored to clients specific skincare needs, reducing visible signs of ageing, strengthening skin barrier and reviving dull, tired skin. Clients skin concerns guide treatment products used and the facial includes a ZO stimulator peel with an advanced targeted booster serum to take home.

Duration: 40 minutes

ANTI-PIGMENTATION FACIAL

ZO facial that targets surface pigmentation and reduces the appearance of hyperpigmentation, including age spots and melasma while also strengthening the skin barrier and increasing skin radiance and glow. Advanced brightening serums are used in combination with the powerful 'Tri-Wave MD' LED device to target signs of ageing.

Duration: 60 minutes

DERMALUX TRIWAVE FACIAL

This bespoke high performance LED phototherapy facial is designed to treat a range of skin concerns. This treatment stimulates collagen production, reduces inflammation, targets acne and decreases pore size. Designed to promote healing, enhance skin tone and texture and boost circulation. We recommend a course of 4-6 sessions.

Duration: 30 minutes

OIL AND CONGESTION FACIAL

Medical grade ZO facial targeting excess sebum, congestion and pores. This treatment helps restore skins balance of sebum levels, smooths and refines skin texture, decreases fine lines and wrinkles and refines pores. It also treats spots and congestion and removes visible impurities. An advanced complexion clarifying mask is used in combination with blue light LED therapy to target acne causing bacteria.

Duration: 45 minutes

ADVANCED FACIALS

INTENSE BARRIER REPAIR FACIAL

A bespoke medical grade ZO facial tailored to treat dry, dehydrated or sensitive skin. It targets fine lines, wrinkles and crepey skin, improves dark circles under eyes and can drastically increase the hydration of the skin. Carboxytherapy is infused into the skin for cellular regeneration and LED therapy is used to amplify collagen production and repair tissue

Duration: 60 minutes

FORMA THERMAL SCULPT FACIAL

Forma is a non-invasive skin remodelling technology that uses radio frequency and subdermal heating, treating cheeks, lower face jowls and neck. This is a relaxing procedure that helps stimulate collagen and elastin, giving tighter skin and a more radiant glow. This should be used as part of a course of 4-6 sessions.

Duration: 60 minutes

ANTI-AGEING FACIAL

Medical grade ZO facial that targets surface signs of ageing, replenishes dehydrated and dull skin barrier, repairs damaged skin and supports cell regeneration. Using a radiofrequency device to firm and tighten skin and Dermalux LED light to amplify collagen production.

Duration: 60 minutes

DERMALUX TRIWAVE FACIAL

A bespoke high performance LED phototherapy facial designed to treat a range of skin concerns. This treatment stimulates collagen production, reduces inflammation and is designed to promote healing and enhance skin tone and texture.

Duration: 30 minutes

**For even more impactful results these treatments can be used as part of a treatment course.*

AESTHETIC SERVICES

At KINS we offer a wide range of aesthetic services that guide you towards long lasting, strong healthy skin, by using our layered approach. If you plan to attend the clinic regularly for aesthetic procedures we would advise booking a consultation appointment with us before you start your journey . We can then analyse your skin in detail and advise you on your options for an individualised skin treatment plan with us.

LAYER 1

Surface dullness, brown/redness, congestion, weak barrier

- IPL
- Hydrafacial
- ZO Facial
- CO2 Mask

LAYER 2

Skin sagging into sponge layer (most visible on facial expression)

- SkinPen Microneedling
- PRP/Cellular Matrix
- Exosomes
- Polynucleotides
- Profhilo
- Dermalux MD LED Light
- Forma Skin Tightening
- Anti-Wrinkle Injections

LAYER 3

Fat descent (jowls, nasolabial, fold, laxity)

- Morpheus 8
- Hyperdilute Radiesse
- Dermal Filler

